

Iman Learning Center Menu revised 11/08/07

Substitutions may be made when needed. All meals Maryland State Department of Education Guidelines.

Week # 1	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	Scrambled Eggs and Orange Juice	Cereal and Milk	Waffles with syrup and milk	Fruit Danish and Milk	Cereal Bar and Milk
Lunch	Turkey Sandwich Apple Slice Mixed Vegetables Milk	Marconi and Cheese Slice of Bread Broccoli, Banana and Milk	Fishes sticks Corn Bread Orange Slice And Milk	Fried Mozzarella Cheese Stick Spaghetti Bread Apple Slice Milk	Pizza Mixed Vegetables Banana Slice Milk
P.M. Snack	Oreo Cookies and Milk	Gold Fish Crackers and Juice	Animal Crackers and Juice	Graham Crackers and Juice	Nachos and Cheese

Week # 2	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	French Toast Sticks Syrup and Milk	Fruit Danish and Milk	Milk and Waffles with Syrup	Cereal Milk	Scrabbled Eggs and Milk
Lunch	Beef Ravioli Banana Slice Corn Bread slice Milk	Chicken Nugget Mashed Potatoe Apple Slice Bread slice Milk	Cheese Sandwich Green Bean Orange Slice And Milk	Oriental Noodle Bread Apple Slice Cheese slice Milk	Pizza Mixed Vegetables Orange Slice Milk
P.M. Snack	Cheese Balls and Juice	Saltine Crackers Grape jam and Juice	Cheezit Crackers and Juice	Carrot Sticks Ranch Dip and Juice	Vanilla Wafers and Juice

Week # 3	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	Pastry Fruit Tarts and Milk	Muffins and Milk	Milk and Waffles with Syrup	Cereal Bar and Milk	Cereal and Milk
Lunch	Fish Sticks Apple Slice Mixed Vegetables Milk	Marconi and Cheese Slice of Bread Broccoli, Melon Slices and Milk	Chili Corn Bread Orange Slice Milk	Fried cheese Spaghetti Mixed Vegetables Apple Slice Milk	Pizza Cucumber Banana Slice Milk
P.M. Snack	Goldfish Crackers and Juice	Nacho Chips and Cheese and Juice	Animal Crackers and Juice	Ritz crackers Cheese Slices and Juice	Chocolate Chip Cookies and Juice

Iman Learning Center Menu

Substitutions may be made when needed. All meals meet Maryland State Department of Education Guidelines.

Week # 4	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	Scrambles Eggs and Orange Juice	Cereal and Milk	Milk and Waffles with Syrup	Pastry Fruit Tart and Milk	Turkey Bacon and Milk
Lunch	Turkey Sandwich Apple Slice Mixed Vegetables Milk	Spanish Rice Meatball Corn, Cantelope and Milk	Fish Sticks Potato Tots Bread Orange Slice And Milk	Cheese stick Spaghetti Bread Apple Slice Milk	Pizza Carrots Banana Slice Milk
P.M. Snack	Oreo Cookies and Milk	Cheese Balls and Juice	Grape Jam Salty Crackers and Juice	Carrot Sticks and Ranch Dip and Juice	CheX Mix And Juice

Week # 5	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	Cereal and Milk	Waffles with Syrup and Milk	1/2 Jelly Sandwich And Milk	Fruit Danish and Milk	Cereal Bar and Milk
Lunch	Chicken Nugget Apple Slice Mashed Potatoes Bread Milk	Penne Pasta Alfredo Sauce Corn Apple slice and Milk	Cheese Sandwich Mixed Vegetables Bread Orange Slice Milk	Beef Ravolli Bread Apple Slice Milk	Pizza Mixed Vegetables Banana Slice Milk
P.M. Snack	Nachos and Cheese and Juice	Goldfish Crackers Juice	Animal Crackers Juice	Cheese and Ritz Crackers with Juice	Vanilla Wafers and Juice

Week # 6	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	Scrambles Eggs and Milk	Cereal and Milk	Milk and Waffles with Syrup	Fruit Danish And Milk	Cereal Bar and Milk
Lunch	Chicken Egg Roll Apple Slice Mixed Vegetables Milk	Cheese Sandwich Broccoli, Banana and Milk	Fish Sticks Corn Bread Orange Slice And Milk	Mozzarella Cheese Stick Spaghetti Bread Apple Slice Milk	Pizza Mixed Vegetables Banana Slice Milk
P.M. Snack	Cheese Balls and Juice	Oreo Cookies and Juice	Crackers and Cheese with Juice	Cereal Rice Cakes with Juice	Cheezit Crackers and Water